Case study 3: The Clatterbridge Cancer Centre NHS Foundation Trust

## IMMUNOTHERAPY TOXICITY MANAGEMENT PATHWAY REDESIGN: LEARNINGS FROM INTRODUCING **IMMUNOTHERAPY TO THE ONCOLOGY TOXICITY MANAGEMENT PATHWAY**

KEYTRUDA (pembrolizumab) as monotherapy is indicated for the adjuvant treatment of adults and adolescents aged 12 years and older with Stage IIB, IIC or III melanoma and who have undergone complete resection

Please refer to the Summary of Product Characteristics and risk minimisation materials before making prescribing decisions

#### This is an MSD promotional resource for UK healthcare professionals only.

This case study was developed alongside healthcare professionals involved in melanoma services in the Clatterbridge Cancer Centre NHS Foundation Trust. It has been organised and funded by MSD. The healthcare professionals involved received honoraria. The contents of the case studies reflect these healthcare professionals' opinion and are not necessarily reflective of those of their NHS Trust.

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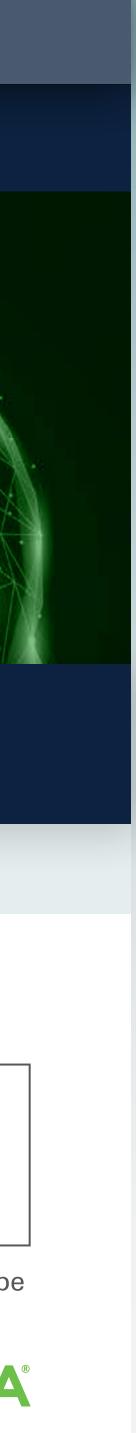
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Information presented in this document is reflective of the time of interview (June 2023) and may be subject to change.



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#### THE CLATTERBRIDGE IMMUNOTHERAPY TOXICITY MANAGEMENT PATHWAY

#### The full melanoma service has been fully in place since 2018

The service provides support to all 8 NHS trusts in the Merseyside and Cheshire region

Support is also provided for tertiary centres as well as acute trusts (Liverpool Women's NHS Foundation Trust, Alder Hey Children's NHS Foundation Trust, Liverpool Heart and Chest Hospital and the Walton Centre NHS Foundation Trust)

#### THE NEED FOR PATHWAY OPTIMISATION

- A key driver was the need for greater capacity. Horizon scanning identified more treatments coming through to an already burdened CNS ANP<sup>\*</sup> pathway
- There was a recognition that immunotherapy toxicities are very different, from chemotherapy toxicities as is the need to actively manage these in a growing, and large number, of patients.
- There were also increasing lines of therapy being provided as well as more patients having immunotherapy in combination with their chemotherapy
- There was a need to understand the touch points and differing capacity requirements between straightforward and more complicated treatment pathways. This highlighted a need for education and upskilling of the whole organisation

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#### 500

Patients under the care of the service at any one time

Access to all NICE and Cancer Drugs Fund (CDF) approved immunotherapy

#### 1000

**Telephone follow-up** calls made per month



#### 100

**Face-to-face patient** reviews per month



**II** Now we're seeing immunotherapy combined with chemotherapy. So we're not moving away from these [chemotherapies], we're actually adding to the overall capacity issue. So I think that was really important to talk about what was happening, but also how we would offset the cost of our service with the activity

Consultant Medical Oncologist, The Clatterbridge Cancer Centre



#### WHO IS INVOLVED IN DELIVERING THE IMMUNOTHERAPY TOXICITY MANAGEMENT PATHWAY?

There is a multi-disciplinary professional team managing melanoma patients and using immunotherapy which includes:



Reflective of the time of interview and may be subject to change

- x 1 Consultant clinical lead
- x1 Consultant to support immunotherapy and toxicity management
- *x* 1 Clinical fellow to support immunotherapy management
- x 1 Nurse consultant specialist
- x2 Advanced Nurse Practitioner
- x 1 Advanced Nurse Practitioner trainee
- x 1 Team Lead nurse
- 5-6 Telephone follow-up service nurse team

<ul> <li>x 1 Service navigator</li> <li>x 1 Care navigator</li> <li>x 1 Data manager</li> </ul>	Responsible for preparing clinics, collating results, liaising with patients and the patient experience
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### SOME KEY CONSIDERATIONS BEFORE THE IMMUNOTHERAPY TOXICITY MANAGEMENT PATHWAY REDESIGN

- Development of a model that will be commissioned and sustainable for the future
- Making a clear case for change to stakeholders
  - Why is this different?
  - Why does it need a different approach?
    - In terms of the benefits of a new service
    - In terms of risks to patients and the service of doing nothing
- Long-term planning
  - What is required now?
  - What will be needed in the future?
- The impact of introducing an additional therapy on other services and overall capacity (e.g., drug administration, management of toxicities)

# **II** So I think one of the challenges was the fact that the trust were on board very, very quickly, but then we have to get the commissioners on board, which was a lot longer conversation and took about a year **II**

Consultant Medical Oncologist, The Clatterbridge Cancer Centre



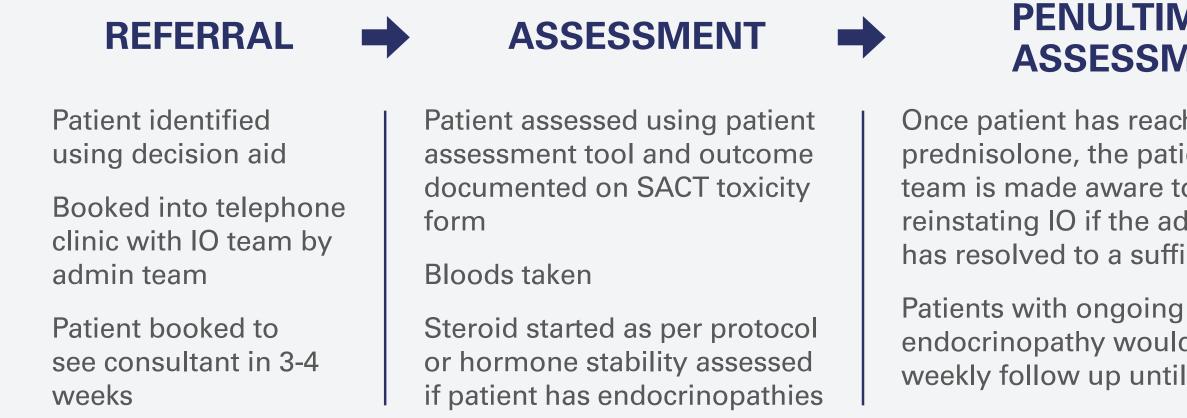
### HOW WAS THE IMMUNOTHERAPY TOXICITY MANAGEMENT PATHWAY DESIGNED AT THE **CLATTERBRIDGE?**

• Employing a data manager was an important step to understanding and interpreting the current service, and what a new one would look like



- Working with the trust business intelligence team, various data sources (e.g. EPR, patient admission data) were used to support the pathway's development

#### THE CLATTERBRIDGE IMMUNOTHERAPY TOXICITY MANAGEMENT PATHWAY



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The team firstly mapped out their existing pathway, highlighting where they felt there were project management risks.

This data was used to gain traction with trust management and finance teams, and to optimise referral of patients for immunotherapy from other departments.

An immunotherapy management cycle was developed encompassing recognition, review, and implementation of immunosuppression, referral to immunology outpatients follow up, discharge and ongoing malignant care.

#### PENULTIMATE **ASSESSMENT**

Once patient has reached 10mg prednisolone, the patient's treatment team is made aware to consider reinstating IO if the adverse event has resolved to a sufficient grade

endocrinopathy would receive weekly follow up until resolved



#### **ADRENAL** ASSESSMENT

A week after a patient has completed steroid therapy, adrenal function reviewed (0.900 cortisol assessment)

If low, manage per adrenal failure protocol, patient continues in telephone clinic



#### DISCHARGE

When steroids finished and adrenal function assessed or endocrinopathy is managed, patient discharged



#### WHAT EDUCATION AND TRAINING WERE IMPLEMENTED TO FACILITATE THE NEW PATHWAY?

A new learning package was created (a knowledge skills and framework and a competency framework). All the nurses new to the team spend a month in a supernumerary position focused on education where they shadow different elements of the service

#### **HOW IS THE PERFORMANCE OF THE PATHWAY MONITORED AND MAINTAINED?**



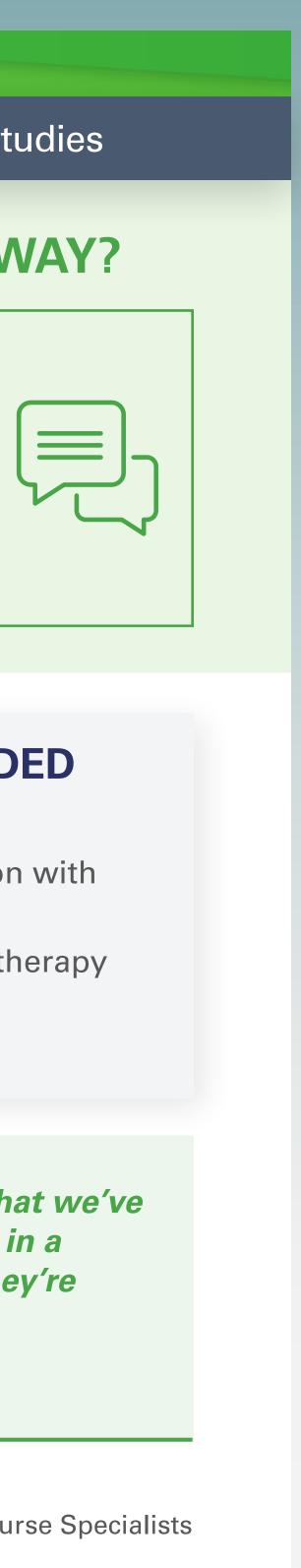
- Clinicians are excellent at knowing what therapeutics are coming their way. The service supports this process of introducing developments in immunotherapy agents
- Immunotherapy nurses attend **each site reference group** quarterly meeting (e.g., urology, respiratory) as a point of contact for each
- This facilitates **two-way engagement** to make sure that clinicians from the immunotherapy team understanding what's happening on the horizon and what might impact the service

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Nurses also attend the stakeholder reference group (SRG) teaching sessions and weekly meetings concerning more complex patients (including patients on neoadjuvant and adjuvant treatments)



#### WHAT CHANGES TO THE SERVICE ARE NEEDED **OR EXPECTED IN THE FUTURE?**

- Creation of an annual report to help understand integration with existing oncology
- Introduction of a pre-habilitation programme for immunotherapy patients to improve patient wellbeing
- Development of moving forward strategies

We are really fortuitous because of the infrastructure that we've put in place around immunotherapy, that we are normally in a position to introduce the newest indications as soon as they're approved, or very, very close to it

Consultant Medical Oncologist, The Clatterbridge Cancer Centre

### WHAT WOULD YOU RECOMMEND TO ANOTHER CENTRE ESTABLISHING A NEW **IMMUNOTHERAPY TOXICITY MANAGEMENT PATHWAY?**



#### Planning

- Identify key stakeholders required for the pathway revisions, including nonclinical colleagues
- Engage early with service management and finance teams
- Determine the funding process required for the service change well in advance as this may take a long time
- Identify, nominate and empower a motivated clinical lead at the start
- Strongly consider having a data project manager as part of your team. Understanding of your clinical / non-clinical data will help determine requirements for future service provision

- is key

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## **Staffing**

Integrate education regarding immunotherapy toxicity and toxicity from emerging cancer treatments into oncology registrar training

As your team gets bigger, maintain good communication with the extended team and wider stakeholders

Have regular touch points with wider stakeholder teams to support a 2-way engagement and dialogue

Understanding the process and writing down your patient flow to consider:

Service

- What happens if your patient has an uncomplicated pathway?
- What happens if a patient has a complicated toxicity pathway?
- Where do patients get referred?
- Where are the touch points?
- How many times do you see them?
- Where does the capacity and support come from?





#### Key considerations Overview I Pathway



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