<u>Prescribing information for Gardasil-9® (Human Papillomavirus 9-valent Vaccine (Recombinant, adsorbed))</u>
By clicking the link above, you will leave this page and be taken to the EMC PI portal website.



# HPV VACCINATION: WHAT DO I NEED TO KNOW?

A Nurse Immuniser's Guide





Gardasil® 9 (Human Papillomavirus 9-valent Vaccine) (Recombinant, adsorbed) is indicated for active immunisation of individuals from the age of 9 years against the following HPV diseases:<sup>1</sup>

- Premalignant lesions and cancers affecting the cervix, vulva, vagina and anus caused by vaccine HPV types
- Genital warts (Condyloma acuminata) caused by specific HPV types

Please refer to the Summary of Product Characteristics for further information prior to making any prescribing decisions.<sup>1</sup>

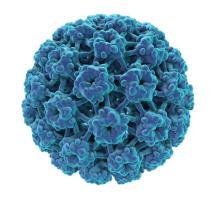
Adverse events should be reported. Reporting forms and information can be found at <a href="https://yellowcard.mhra.gov.uk/">https://yellowcard.mhra.gov.uk/</a> or search MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to Merck Sharp & Dohme Limited (Tel: 0208 154 8000). By clicking the above link, you will leave the MSD website and be taken to the MHRA website.

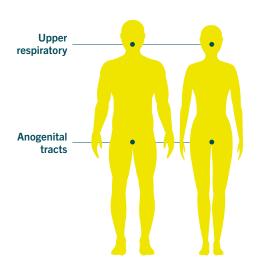
## WHAT IS HPV?

Human papillomavirus (HPV) is a double-stranded DNA virus that infects the skin and mucosae of the upper respiratory and anogenital tracts. Genital HPVs are transmitted by sexual contact with an infected individual and it affects both men and women.<sup>2</sup>

There are around 100 types of HPV, of which approximately 40 infect the genital tract. HPV viruses are classified as either 'high-risk' or 'low-risk' types, depending on their association with the development of HPV-related cancers. Infections can be composed of multiple different types of HPV simultaneously.<sup>2</sup>

For most people, HPV clears on its own, with 90% of HPV infections clearing within 2 years and 70% clearing within one year. But for those who don't clear the virus, it can cause certain HPV-related cancers and diseases.<sup>2</sup>





#### WHY TARGET HPV?

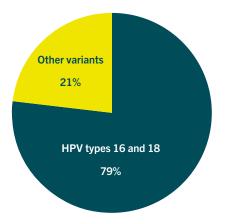
#### HPV is recognised as a cause of cervical cancer.

Persistent infection by high-risk HPV types is detectable in more than 99% of cervical cancers.<sup>2</sup>

Of these high-risk types, HPV16 is responsible for almost 60% and HPV18 for more than 15%, of all cervical cancers in Europe.<sup>3</sup> Persistence and disease is more common for infections with HPV types 16 and 18 than other high-risk types.<sup>2</sup>

Persistent infection by a high-risk HPV type is an important causal factor for the development of cervical pre-cancerous and cancerous lesions<sup>2</sup>

High-risk HPV types associated with invasive cervical cancer in the UK<sup>3</sup>





In addition to cervical cancer, HPV is causally associated with less common cancers at other sites, including cancer of the vulva, vagina, penis and anus, and some cancers of the head and neck. HPV poses risks to both men and women.<sup>2</sup>

Low-risk HPV types are responsible for genital warts, which is the most commonly diagnosed viral sexually transmitted infection in the UK.<sup>2</sup> In the absence of treatment, up to 30% of individuals clear the infection in the short term. Long-term rates of spontaneous regression are not known.<sup>2</sup>

~90%

HPV types 6 and 11 cause ~90% of all genital warts.<sup>2</sup>

## THE HISTORY OF HPV VACCINATION<sup>2</sup>

- HPV National Immunisation Programme (NIP) announced for girls aged 12–13
- Additional 'catch-up' campaign for girls aged 13–18<sup>2</sup>
- Bivalent vaccine, (Human Papillomavirus Vaccine [Types 16, 18] Recombinant, adjuvanted, adsorbed)<sup>2,4</sup>
- NIP extended to cover men who have sex with men (MSM) ≤45 years old attending specialist sexual health services and HIV clinics²
- Vaccine used in the NIP changed from quadrivalent vaccine to the nine-valent vaccine, Gardasil® 9 (containing HPV types 6, 11, 16, 18, 31, 33, 45, 52 and 58)²

Sep 08 Sep 12 Apr 18 Sep 19 Aug 22

 Schedule changed to quadrivalent vaccine<sup>1-2</sup> • NIP extended to cover boys aged 12–13<sup>2</sup>

 NHS set ambition to eliminate cervical cancer by 2040<sup>5</sup>

Nov 23



The objective is to vaccinate boys and girls before they reach an age when the risk of HPV infection increases and puts them at subsequent risk of cervical and certain other HPV-related cancers.<sup>2</sup>

The long term ambition set by the NHS aims to eliminate cervical cancer by 2040. This could save thousands of lives in England.<sup>5</sup>

Make sure you know the arrangements for HPV vaccination in your local area.



## IMPACT OF HPV VACCINATION IN THE UK

More than a decade after its introduction, there have been **reductions** in HPV type 16/18 infection, genital warts, pre-cancerous lesions and cervical cancer.<sup>2</sup>

In 2021, an observational study estimated that cervical cancer rates have been reduced by almost 90% in women in their 20s who were offered the vaccine at age 12 to 13 years in England, when compared to an unvaccinated population.<sup>6</sup>

This observational study used modelling data from a total of 13.7 million years of follow up of women aged 20 to younger than 30 years old, across three different cohorts.<sup>6</sup>

In 2023, the rate of first episode genital warts diagnoses among young women aged 15 to 17 years was 49.7% lower than the rate in this age group in 2019, (7.6 versus 15.1 per 100,000 population in 2023 versus 2019 respectively). A decline of 68.4% (2.9 versus 9.3 per 100,000 population) was seen in heterosexual young men of the same age over the same period. Declines were also seen in both men and women aged 18 to 20 years and 21 to 24 years.<sup>7</sup>

To strive for the future elimination of certain vaccine-preventable HPV-related cancers and diseases, starting with cervical cancer, there needs to be prioritisation of vaccination, screening and treatment<sup>8</sup>.

The decision to vaccinate an individual should take into account the risk for previous HPV exposure and potential benefit from vaccination. For more information on the safety profile and vaccine effectiveness of Gardasil® 9, please click here to be taken to the UK SmPC.

As with any vaccines and medicines, HPV vaccinations may cause side effects which affect people differently.

Some people don't have any side effects after their HPV vaccine.9

Very common side effects include redness, swelling or pain at the site of injection and headaches.9

Common side effects include bruising or itching at the site of the injection, a high temperature or feeling hot and shivery, feeling sick (nausea) or pain in the arms, hands, fingers, legs, feet or toes.<sup>9</sup>



### IMPROVING UPTAKE

In the early years of delivering HPV vaccination (2008–2013/14), national uptake in England for girls aged 12–13 was **consistently over 85**%, with over 40% of Primary Care Trusts in England achieving at least 90%.<sup>10</sup>

However, England has reported a drop in vaccine uptake since the start of the SARS-CoV-2 pandemic. The pandemic in early 2020 had a major impact on HPV vaccination rates:<sup>11</sup>

HPV vaccination first dose uptake rates in Year 8 pupils aged 12-13 years:<sup>11</sup>

2019-202011	2020-202111	2021-202211	2022-202311	2023-202411
59.2% of girls	76.6% of girls	69.6% of girls	71.3% of girls	72.9% of girls
54.4% of boys	71.0% of boys	62.4% of boys	65.2% of boys	67.7% of boys

Some young people were unable to receive their immunisation at school.

#### That's where primary care comes in.

When seeing patients over 14 and less than 25-years-old in general practice, ask them about their HPV vaccination status and whether they received this at school. You can help those missed, but potentially eligible, patients by opportunistically offering vaccination against HPV.

#### Find out more on MSD Connect

Clicking this link will take you to a promotional MSD webpage

Adverse events should be reported. Reporting forms and information can be found at <a href="https://yellowcard.mhra.gov.uk/">https://yellowcard.mhra.gov.uk/</a> or search MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to Merck Sharp & Dohme Limited (Tel: 0208 154 8000). By clicking the above link, you will leave the MSD website and be taken to the MHRA website.



#### THIS PROMOTIONAL MATERIAL IS INTENDED FOR UK HEALTHCARE PROFESSIONALS ONLY. DO NOT GIVE THIS DOCUMENT TO PATIENTS OR THE GENERAL PUBLIC.

#### **References:**

- 1. Gardasil® 9 (Human Papillomavirus 9-valent Vaccine (Recombinant, adsorbed). Summary of Product Characteristics (SPC) for UK. Available at: <a href="https://www.emcpi.com/pi/32240">https://www.emcpi.com/pi/32240</a>.
- 2. UK Health Security Agency. Human Papillomavirus (HPV): the green book, chapter 18a. June 2023
- 3. The Catalan Institute of Oncology and the International Agency for Research on Cancer Information Centre on HPV and Cancer. United Kingdom Human Papillomavirus and Related Cancers, Fact Sheet 2021. October 2021.
- 4. Cervarix® (Human Papillomavirus vaccine [Types 16, 18]) (Recombinant, adjuvanted, adsorbed). Summary of Product Characteristics.
- 5. NHS England. News: NHS sets ambition to eliminate cervical cancer by 2040. November 2023.
- 6. Falcaro M, et al. Lancet. 2021; 389:2084–2092.
- 7. UK Health Security Agency. Sexually transmitted infections and screening for chlamydia in England, 2023.
- 8. World Health Organizsation. World Health Assembly adopts global strategy to accelerate cervical cancer elimination. August 2020.
- 9. NHS. HPV vaccine side effects. May 2019.
- 10. Public Health England. Human papillomavirus (HPV) immunisation programme review: 2008 to 2014. March 2015.
- 11. UK Health Security Agency. Human papillomavirus (HPV) vaccine coverage estimates in England: 2023 to 2024. January 2025.
- 12. NHS England and NHS Improvement. GP letter on vaccination and immunisation changes for 2021/22. March 2021.

